



**A one day seminar at Bath Spa University
with**

Elaine Watson

BSc. MSc. Cert Ed. RSHom

Nutrition in Homoeopathic practice

Saturday October 11th 2008 10am – 5pm Cost: £45

Elaine has been teaching anatomy and physiology, clinical medicine and materia medica at the BSH for over a decade. Her background is in zoology and microbiology and she has been practising homoeopathy in Caerphilly and Cardiff for 14 years.

Why you need to join us on this seminar:

Today's homoeopath needs to adopt a multifaceted approach. Today will be a practical and lively exploration of various aspects of nutrition to provide an additional diagnostic tool to use with your patients.

In the morning you will explore

- The historical background – how agricultural policies and farming methods affected our soil
- Why many of us are obsessed with eating
- The concept of types A and type B malnutrition

The afternoon will cover the gaps

- In our understanding of nourishment
- In our membranes - some important biology
- In our diet – why it is necessary to take nutritional supplements

What you will learn

- How to recognise the different nutritional needs of children, teenagers, pregnant women, every man and woman, active or otherwise
- How to address special requirements related to clinical disorders
- How to make rubric complexes to identify signs of deficiency
- To use information from the horse's mouth (ie the patient!)
- To be aware of new fads and diets and their implications

CPD Certificates given. For further details please contact Jane on bshcpd@tiscali.co.uk or 01458 253233

Refreshments are provided but there is no catering on campus. Please bring your own lunch!